

# CHANGING WORRIES INTO WONDER

**Changing Worries Into Wonder** encourages children to view the world around them not just as it is, but as it could be, fueling their natural inquisitiveness. By wondering out loud, we teach children that questions can be just as valuable as statements, and that curiosity is not just a moment of interest, but a door to infinite connection.

## CHANGING WORRIES INTO WONDER

### Instead of

How was school today?

### Try This

I wonder what you're favorite part of your day was.

### Instead of

Why are you crying?

### Try This

It seems like you may be upset. I wonder what happened.

### Instead of

Why are you by standing by yourself?

### Try This

There's a lot of noise. I wonder if you wanted a bit of peace and quiet...

### Instead of

Did that noise scare you?

### Try This

Oh! I wonder if the lightening made you jump and feel scared.

### Instructions

The objective of "**Changing Worries Into Wonder**" is to encourage parents to rephrase their questions into learning opportunity by engaging in critical thinking and problem-solving through the use of "I wonder" statements.