

PARENT-TEEN JOURNAL PROMPTS

Parent-Teen Journal Prompt having trouble connecting with your teen? Open up a two-way line of communication through shared journaling with prompts. We know what you're thinking, "There's no way this will work!" Don't worry, you don't have to be a good writer; neither does your teen. You just need to be open, honest, and willing to be vulnerable.



JOURNAL PROMPTS

My All Time Favorite Movies...

1. _____
2. _____
3. _____
4. _____

Caregiver



JOURNAL PROMPTS

Movies I Hated to See End...

1. _____
2. _____
3. _____
4. _____

Teen



JOURNAL PROMPTS

How Are You and I Different?

1. _____
2. _____
3. _____
4. _____

Caregiver



JOURNAL PROMPTS

How Are You and I Similar?

1. _____
2. _____
3. _____
4. _____

Teen

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JOURNAL PROMPTS

-
1. _____
 2. _____
 3. _____
 4. _____

Caregiver



JOURNAL PROMPTS

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1. _____
 2. _____
 3. _____
 4. _____

Teen



JOURNAL PROMPTS

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1. _____
 2. _____
 3. _____
 4. _____

Caregiver



JOURNAL PROMPTS

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1. _____
 2. _____
 3. _____
 4. _____

Teen